

About the Ministry

Why an Older Adult Ministry?

The 65-plus age group is currently the fastest growing generation, which creates a great need for a specific ministry to reach out to the aging population. Its purpose is to encourage the active participation of leaders in thinking about and planning programs with and for older adults.

What Does Older Adult Ministry Do?

This ministry is a service that prepares volunteers to address the needs of older adults and their caregivers within their churches and communities.

Our Vision

Empower Adventist churches to develop and share new approaches, resources, and services for successful living and aging.

Our Mission Statement

Minister to older adults in Christ's name by providing resources, training events, and networking opportunities.



Adventist Community Services (ACS)

is a community outreach ministry of the Seventh-day Adventist Church in the North American Division. The mission of ACS is "to serve communities in Christ's name."



In collaboration with
North American Division Health Ministries
www.nadhealth.org

Adventist Community Services

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ADVENTIST COMMUNITY SERVICES
NORTH AMERICAN DIVISION

Older Adult Ministry

This ministry promotes Christ-centered, practical, and sustainable solutions to successful aging. It coordinates education related to aging, health, finance, and social issues for aging adults in the church and community in collaboration with community-based older adult programs.



Curriculum

Older Adults 101 (Introduction to Aging)

Successful aging involves more than gathering facts and advice; it requires overcoming stereotypes and asking deeper questions about values, about the meaning of life, about fears, hopes and dreams. It is important to know the key trends that will shape the next decade to help older adults create optimal futures. You can help them and their loved ones chart their paths in life.

Older Adults and Diseases: Health & Mental Wellness

Understanding and supporting aging adults requires a familiarity with their most common health issues, including the signs of those diseases, symptoms, treatments, and their potential impact on daily life.

Caregiving and the Caregiver

There is a growing need for more information, help, and caregiving support. Caregiving is one person giving care to another. It is a process that often involves a tremendous sacrifice of time, energy, and money. It is often emotionally charged and demanding. Caregiving takes a toll on caregivers, who often suffer compromised health, personal financial strain, and intense emotional stress. Learn how to help ease the strain on caregivers.

Aging Made Easier

Help older adults in taking an active role in determining and documenting their wishes for the future. You will be given a road map to assist them and their loved ones in making decisions about medical care, living arrangements, financial issues, and legal representation.

Disaster Response/Emergency Preparedness

Learn things you should know to help older adults be better prepared for an emergency. Helping them to be prepared now can help save a life in the event of a disaster.

Financial Literacy

Older adults face a number of challenges unique to their stage of life. Planning ahead for this time in the learning and earning stages can provide wisdom to deal with these challenges.

How to Start a Program in Your Local Church

It is important to design an effective and sustainable program for older adults within your local church. Learn the steps in building a very successful ministry involving older adults.

Resources

CareOptions

www.cool.net

A family healthcare benefit used for early detection, prevention, wellness and care planning to help families identify and address health issues early and maintain communication between adult children, siblings, parents and grandparents. Free for church members.

BenefitsCheckUp

www.BenefitsCheckUp.org

A free service from the National Council on Aging. BenefitsCheckUp is a comprehensive online tool that connects older adults with benefits they may qualify for.

Go4Life

www.go4life.nia.nih.gov

A free online resource from the National Institute on Aging. Go4Life teaches about safe and effective physical activities for older adults who are at any fitness level.

AdventSource

www.adventsource.org

- ▶ Eldercare Ministry Handbook
- ▶ Senior Adult Ministry Quick Start Guide
- ▶ Caregivers Ministry Handbook
- ▶ Caregivers Ministry Quick-Start Guide